

CHRISTINA REFUSES TO GET HELP



Life & Style WEEKLY

MARCH 21, 2011

ONLY \$2.99

EXCLUSIVE INTERVIEW

CHARLIE SHEEN ADMITS 'I'M LOSING MY MIND'

After Charlie loses his job and...
suic...
'My...
bullets out of my gun'

BABY NEWS



BACHELOR EXCLUSIVE
A BABY FOR BRAD!



TEEN MOM CHELSEA
HEARTBROKEN
AND ALONE



INSIDE MARIAH'S
BABY SHOWER

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Make winter s

Cold weather left your bod dull and dry? Restore supple skin stat with these top picks

SMOOTH ROUGH HANDS

Make ashy winter skin supple again using this sugar-and-coconut-oil scrubber.

Cake Milk Made Smoothing Hand & Cuticle Buffer, \$18, cakebeauty.com



HYDRATE IN THE SHOWER

Lavish your skin while lathering with this almond-oil-based cleanser with rose extract.

Olay Silk Whimsy Moisturizing Body Wash, \$8, drugstores



GET GLOWY

Obsessed! Turn back the clock with these two-in-one exfoliating-and-tanning towelettes.

Dr. Dennis Gross Alpha Beta Glow Pad, \$32 for 20, dgs skincare.com

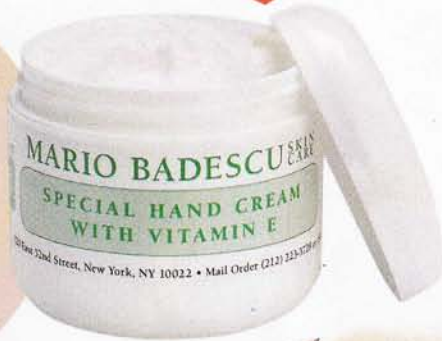


kin sexy again

MOISTURIZE MITTS

Potent lotion with vitamins E and A and honey makes hands super soft instantly.

Mario Badescu Special Hand Cream With Vitamin E, \$12 for 8 oz., mariobadescu.com



TRANSFORM TOOTSIES

Pamper overworked, rough feet and cracked heels by applying this thick vitamin-enriched cream daily.

Sally Hansen Moisturizing Foot Creme, \$8, drugstores



MAKE SKIN SUPPLE

Drop this exotic blend of essential oils in the tub or splash it on post-shower to invigorate sluggish skin.

Aromatherapy Associates Revive Morning Bath and Shower Oil, \$60, aromatherapyassociates.com



MAKE LEGS SILKY

A dual-chamber dial allows you to customize your level of radiance and moisture.

Bath & Body Works Carried Away Shimmer Gel and Body Lotion, \$11, bathandbodyworks.com

